## Spiral phases in frustrated quasi-one-dimensional quantum spin systems

We consider ground-state properties of quasi-1-dimensional quantum Heisenberg antiferromagnets for spin quantum numbers  $s = \frac{1}{2}$  and s = 1. For the investigation of the ground-state long-range order we calculate the sublattice magnetization using the high order coupled cluster method. We find that for the unfrustrated spin- $\frac{1}{2}$  system an infinitesimal inter-chain coupling  $J_{\perp}$  is sufficient to stabilize magnetic long-range order. This result is in agreement with known results obtained by other methods. For s = 1 we find that a finite interchain coupling is necessary to stabilize magnetic long-range order, which can be interpreted as a result of the gapped ground-state of the spin-1 chain. The estimated value for the critical inter-chain coupling is:  $J_{\perp}^c \approx 0.1$ . Furthermore we consider a spin- $\frac{1}{2}$  system were a frustrating next-nearest neighbor in-chain coupling is included. We find for strong frustration that again a finite inter-chain coupling  $J_{\perp}$  is necessary to stabilize long-range order.